**MAKOS PARENT INFO SHEET 2022**

**Marlowe Manor Pool Address:**

2000 Shumate Drive

Little Rock, AR 72212

**2022 Marlowe Manor Coaches:**

Natasha Jones, 7-14 Coach natashajoneslr@gmail.com 501.312.2511 cell

Jeremy Lively, 7-14 Coach lovethelordlively@gmail.com 501-580-0908 cell

Stacie Calhoun, 6U Coach

Makos alums, Assistant Coaches: Cate, Kailyn, Kaitlyn, Madison, Mia, Samantha, Walt

**Practices** will be held on **Tuesday and Saturday mornings between 8:30 and 9:50 a.m.** June 4 through July 16 for all swimmers, with additional practices on July 19 and 21 for those participating in the Championship Meet at Jim Dailey Aquatic Center (Saturday morning, July 23). Thursday Training practices will be held by invitation only from 9:00-9:50 a.m. beginning June 9.

In the event of rain, practices **will** be held unless there is thunder and lightning.  If unusual circumstances arise, **we will communicate as quickly as possible by email and the Group Me app**. Parents are not required to stay during practice times, though we appreciate active engagement of parents, especially those with younger swimmers. If you do leave, please return 5-10 minutes prior to your child’s end-time. Siblings are welcome in the park and on deck during practices, but they must wait until the guards whistle official opening to enter the pool.

**Neighborhood meets** will be held on Tuesday evenings between June 14 and July 19. Warm-ups are at 6:00 pm, with the “6 and under” swimmers completing all eight of their events (2 per swimmer) in sequence beginning at 6:30. This means your younger swimmers could be finished as early as 7:15, though we would love for them to stay and cheer on their teammates. The 7-14 year-olds are generally finished by 8:00. Marlowe Manor pool will be the host for ***two*** of these neighborhood meets: **June 21and June 28.**  We need as many **parent volunteers** as possible to make meets run smoothly. A sign-up sheet for the home meets will be available at practices.

***Parent Helpers*** *are incredibly valuable to the team! If one or more of you could help in taking individual and team photos, keeping our “Makos Board” current, organizing snacks for the home meets, or pulling together an end-of-season party following the Championship Meet, we would GREATLY appreciate it!*

**Also print or screenshot the full practice schedule for more details.**

Please direct all questions and concerns to your child’s coach and/or:

Jennifer Fulton, Correspondence Coordinator fulton5lr@gmail.com or 501.749.6577